



*What can you expect from the
Palliative Care Team?*

Working with the interdisciplinary care team, the palliative care clinicians provide:

- Evaluation and treatment for a broad spectrum of symptoms such as pain, fatigue, breathlessness, nausea and anxiety.
- Attention to emotional, cultural and spiritual needs.
- Assist with setting goals for care.
- Discussions to assist in making complex treatment choices.
- Coordination with other healthcare providers including the primary physician and specialists such as oncologists, surgeons, and cardiologists.
- Referral services to improve quality of life at home or in the nursing home, hospital or hospice facility.
- Continued support for family members during the period of bereavement.

What is Palliative Care?

The Hospital of Central Connecticut's Wolfson Palliative Care Program is a consult service assisting with the ongoing care needs of patients with chronic and life-threatening illnesses that are not responsive to curative treatment. These diseases may include cardiac, pulmonary, kidney, central nervous system, hematological, cancer or other conditions. Symptom control is paramount and includes the management of physical, psychological, social, or spiritual issues.

Who is Part of the Palliative Care Team?

Our approach to total palliative care involves a team of healthcare professionals who provide coordination of medical, nursing, social work and spiritual care services. The multi-disciplinary team includes the patient and the patient's family or designated other(s), primary physician and a specially-trained staff of physicians, nurses, social workers, clergy and others as needed.

