

# Stroke Warning Signs

*If you think a loved one is having a stroke,  
do the “F.A.S.T.” test:*

**F**ace: Ask the person to smile;  
does one side of the face droop?

**A**rms: Can the person raise both arms;  
does one drift down?

**S**peech: Can the person repeat a  
sentence; are words slurred?

**T**ime: Time is critical!

**Call 911 or get to the hospital fast!**

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