



*His snoring
was a nuisance.*

*I didn't realize
his life was at risk.*

Loud snoring may be a sign of sleep apnea, a serious disorder in which breathing stops repeatedly during sleep. Untreated, it can lead to high blood pressure, stroke, or heart failure. Other symptoms include daytime sleepiness and choking or gasping during sleep. If you or your spouse or partner have these symptoms, please contact our Sleep Disorders Center. For 20 years, the Center has led the way in diagnosing and treating all types of sleep disorders. Accredited by the American Academy of Sleep Medicine, our care meets the highest quality standards.

Rest assured. Call 860-224-5538.



Sleep Disorders Center

The Hospital of **Central Connecticut**

100 Grand St., New Britain • www.thocc.org