

Breast Nurse Navigator

Breast Program

Have you just been told you need a breast biopsy?

Learning you need a breast biopsy can be frightening. Your doctors, nurses and other care providers are there to help, but sometimes all the information you're receiving can be overwhelming.

The Hospital of Central Connecticut's Breast Nurse Navigator is here for you. A registered nurse with breast health expertise, the Navigator can:

- Educate you and your loved ones about what you will experience.
- Coordinate and schedule appointments in preparation for your biopsy
- Provide emotional support the day of your biopsy
- Answer any questions after your biopsy

Having a breast biopsy is sometimes an essential step in maintaining and assuring good breast health. While 8 out of 10 biopsies do not show cancer, preparing for the procedure can be a little intimidating. Your Breast Nurse Navigator is available, one-on-one, to help explain your procedure, answer your questions, or just listen.

Your doctor may refer you to the Breast Nurse Navigator, or you can call the Navigator at 860-224-5900, X6307.



The Hospital of
Central Connecticut