

Development *matters*

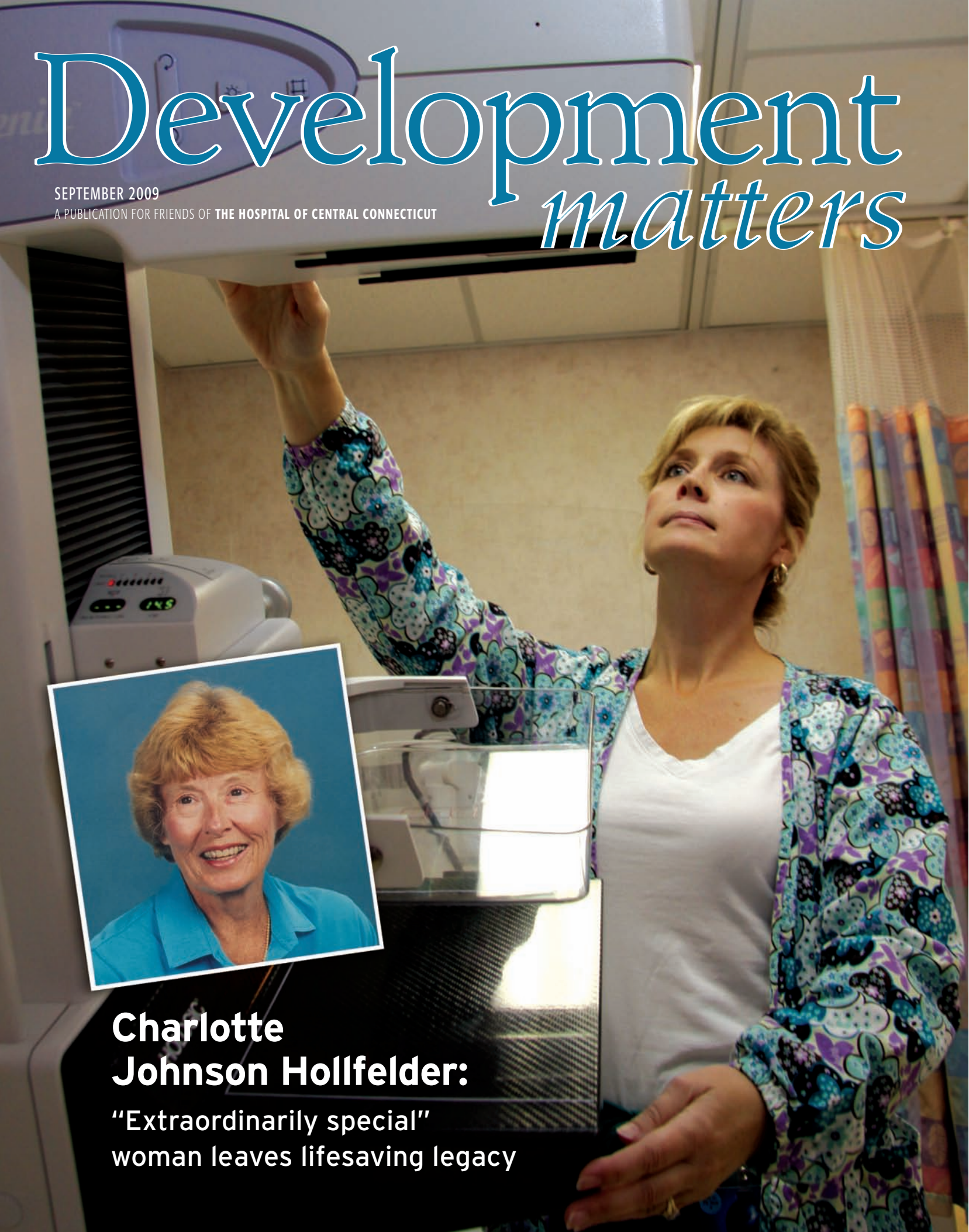
SEPTEMBER 2009

A PUBLICATION FOR FRIENDS OF THE HOSPITAL OF CENTRAL CONNECTICUT



**Charlotte
Johnson Hollfelder:**

**"Extraordinarily special"
woman leaves lifesaving legacy**



Charlotte Johnson Hollfelder:

“Extraordinarily special” woman leaves lifesaving legacy

After losing her hair during her first round of chemotherapy, Arran Kendrick joked that she was trying to emulate her oncologist, who's bald.

In the midst of her second round of chemotherapy for breast cancer, the New Britain resident's sense of humor remains firmly intact. Sitting in The Hospital of Central Connecticut's outpatient Hematology Oncology unit, Arran removes her baseball cap and runs her palm over a fine fuzz of new growth.

“I went to my barber the other day and said, ‘Hey, this is starting to hang in my eyes. Can you do something about that?’”

Jokes aside, Arran knows she's fighting a serious disease. Many of the women in her family had breast cancer. But her positive attitude is genuine. She feels fortunate, due in part to the help she's received from a woman she never met.

Last fall, Arran was able to get a free, initial, screening mammogram that showed a suspicious area. But working a temp job and without health insurance, she couldn't afford the follow-up mammogram.

Thanks to the Avon-based Charlotte Johnson Hollfelder Foundation, Arran received a second, diagnostic mammogram for free.



Arran Kendrick with oncology nurse Tracey McDaniel.

The foundation is named for a Central Connecticut woman who was dedicated to helping others. Since 1997, the foundation has donated \$85,000 to the Connecticut Breast and Cervical Cancer Early Detection Program (EDP) at The Hospital of Central Connecticut. Donated funds are used to cover mammograms and other tests, as well as education materials.

The EDP is designed to increase early breast and cervical cancer screening for uninsured or underinsured women ages 19-64. Implemented in Connecticut by the National Breast and Cervical Cancer Early Detection Program, federal Centers for Disease Control and Prevention and Connecticut Department of Public Health, it offers many breast cancer screening and diagnostic services free.

Hollfelder Foundation funds are used when patients, for various reasons, don't meet certain EDP requirements, says Diane Walczok, EDP case manager. Some women don't have an income low enough to meet EDP guidelines, but still can't afford a mammogram. Others may need a baseline mammogram at age 35; EDP doesn't cover them until age 40.

These are women who might otherwise “fall through the cracks” — the kind of people Charlotte Johnson Hollfelder loved to help, says her husband, Fred.

Charlotte Johnson Hollfelder Foundation

The Connecticut Breast and Cervical Cancer Early Detection program was recently awarded \$15,000 by the Charlotte Johnson Hollfelder Foundation. The foundation was established by Fred Hollfelder in memory of his late wife who cared deeply about the accessibility of early detection programs for women. The foundation has generously donated \$85,000 in support of Early Detection at our hospital.

The Early Detection Program's primary objective is to significantly increase the number of uninsured women who receive breast and cervical cancer screening services and diagnostic follow-up. The program offers many breast cancer screening and diagnostic services free of charge to qualifying women, including office visits, screening and diagnostic mammograms, breast biopsies, breast ultrasounds, computer-aided detection (CAD), and clinical breast exams.

For more information about the Early Detection Program, contact Diane Walczok, program case manager, (860) 224-5505.

“Charlotte was just a giving person. She was the kind of person who, when she saw a need, she would respond,” he says. “She was there for anyone who was sick, anyone who was suffering.”

Charlotte, a breast cancer survivor who died of an unrelated illness in 1995, gladly gave of her time, talents and resources to many individuals and organizations throughout her life, Fred says.

She rarely bought things for herself; preferring instead to donate money to their church. She volunteered at a Hartford soup kitchen, the Connecticut Eye Bank and hospitals in Connecticut and Canada. Charlotte's local golfing group, the 9-Holers, raised money for breast cancer programs for many years and still does.

Though gregarious and charming, Charlotte never sought the limelight, happily working in the background to make life easier for others, Fred says.

“She was an extraordinarily special gal,” he says.

The story of how Fred and Charlotte got together is also extraordinary. They grew up one street away from each other in New Britain, and attended elementary, junior high and high school together. Though friendly with each other, “we ran in different circles at New Britain High School,” Fred says.

After graduating, Fred joined the Air Force and served in Europe. His service helped him decide on a career path, and when he completed his four years, he attended the University of Hartford on the GI Bill, majoring in business management. After earning his degree, he became a sales trainee for the former Emhart Co. Hardware Division.

During the late 1960s, he was an Emhart district manager in the company's Chicago office, but often flew back the company's Berlin office. He knew his old neighbor Charlotte worked in sales promotion for Scandinavian Air, and during a stop at Bradley airport in Hartford, Fred on a whim asked around at the various airline ticket counters if anyone knew her.

Scandinavian Air didn't have a counter at Bradley, and no one there knew her. But through a co-worker he was able to track Charlotte down and get her phone number, though it was unlisted. Fred called Charlotte and asked her to dinner.

“For the next seven weekends, I flew from Chicago back to Connecticut to see Charlotte,” he says. “We started dating in March — we were married in June.”

The couple lived in Chicago and Canada before returning to Connecticut and settling in Avon. Over the years, Fred worked his way up through the company, eventually becoming president of Emhart's hardware division. Toward the end of his career, Fred was in charge of worldwide operations and traveled frequently. Charlotte never complained.

“I couldn't have had the career I had if I didn't have a strong woman,” he says. “She was instrumental in my success.”

Fred always admired his wife's love of people and her giving spirit. During their 26 years of marriage, “her value system became my value system,” he says. “She made me a better person.”

After Charlotte passed away in 1995, Fred knew immediately he would do something to continue her work. He and his attorney managed to establish the Charlotte Johnson Hollfelder Foundation in just three months.

Fred prefers to stay out of the spotlight — he wants the focus to be on his late wife's contributions and the foundation's work. But he shares her giving spirit. In addition to Hollfelder Foundation grants to the Early Detection Program, Fred in 2005 donated \$100,000 toward the purchase of a digital mammography system for The Hospital of Central Connecticut's New Britain General campus.

Digital mammography offers some important advantages over traditional film X-rays for some patients. These include advanced viewing technology, including zoom capability for better detection of abnormalities; the ability to store and transmit images electronically; and less radiation than a traditional breast X-ray.

Fred's \$100,000 donation was a catalyst for the hospital to expand digital mammography to other locations, including the Women's Center of Southington, Diagnostic Breast Center at 40 Hart St., New Britain, and the Newington Diagnostic Center. Publicity about his donation also prompted other donors to support the digital technology.

Fred says his contributions are a way to give back to the community that gave him and Charlotte so many opportunities to succeed in life. Most importantly, supporting the hospital is a way to carry on Charlotte's lifelong passion — to help those in need.

The foundation's donations have made an enormous difference, Walczok says.

“Our heartfelt gratitude goes out to Mr. Fred Hollfelder and his late wife for giving us these funds,” she says. “The foundation's donations truly have saved lives.”

For Arran, the diagnostic mammogram covered by Hollfelder Foundation funds helped set her treatment plan in motion. After a double mastectomy in February, she's in what she calls the “cleanup” phase. Once she's completed chemotherapy, she'll have radiation therapy aimed at eliminating any lingering cancer. Though she lost her temp job in November, her care is covered by Medicaid. “I don't know what would have happened to me if this program wasn't available,” says Arran. “I would love to meet Mr. Hollfelder and thank him personally. I'm getting the treatment I need now. It's literally a life-saver.”

For information on how to support breast care services at The Hospital of Central Connecticut, please contact Wendy Lux in the Development Office at (860) 224-5567, or wlux@thocc.org; or you may give online at www.thocc.org/giving/.

For information on the Connecticut Breast and Cervical Cancer Early Detection Program (EDP) at The Hospital of Central Connecticut, please call Diane Walczok, case manager, (860) 224-5505.



Home Plate Fundraiser To Benefit George Bray Cancer Center

The Hospital of Central Connecticut and the Rock Cats Foundation teamed up yet again for a fundraising night on Aug. 23 at TD Homer's Sports Grill in Southington.

In an effort to raise money for the George Bray Cancer Center, a portion of each check throughout the day was donated to the hospital and the Rock Cats Foundation.

Several Rock Cats players from the local Double A Minnesota Twins affiliate, along

with Rocky the Rock Cat were on hand to meet and greet guests and sign autographs.

The Rock Cats Foundation and The Hospital of Central Connecticut were happy to work together again to raise money for our organizations. This exciting opportunity was made possible thanks to the TD Homer's Sports Grill.

Mill Foundation for Kids, Inc.

The Hospital of Central Connecticut was presented with a \$2,500 grant from The Mill Foundation for Kids, Inc. at their annual Shamrockin' for Kids event. This grant supports the "Pedi-Play & Read" program, which reaches out to children who have been admitted to our C-4 Pediatric unit. This donation enables the C-4 staff to purchase age-appropriate toys, games, and books for admitted children. The Pedi-Play & Read program helps to make children as comfortable as possible during their stay at the hospital.

In addition, The Foundation has also purchased and distributed other items for the children including video games, DVDs, books, and toys. We appreciate all that The Foundation does for our hospital and hope to continue to work with them in the future.

The Mill Foundation for Kids, Inc. is a community-based nonprofit based in Southington. The foundation's purpose is to ease the burden of children dealing with pediatric illnesses, by providing toys and other gifts to local pediatric facilities, including The Hospital of Central Connecticut.



Annual Employee Campaign

Once again Hospital of Central Connecticut employees showed their support to the 2009 Annual Employee Campaign — *Tools, Talent, Technology and TEAM*, by generously contributing \$42,000 to date to the hospital. Many employees turned their payroll deductions for completed capital campaign pledges into Annual Fund gifts.

Contributions to the Annual Employee Campaign support various departments and funds within the hospital such as Behavioral Health, The Ferdinand Sauer Family BirthPlace, Dialysis, and the Department of Medicine Chief's Fund for Education. "We are fortunate that so many of our employees remain generous in their commitment to our mission to improve the health of the people in the communities we serve, even during a challenging economy, and recognize the value of giving back," says Linda Tipping, assistant director of Development.

The annual campaign kicked off this past spring with a special breakfast bar at each hospital campus and offices on John

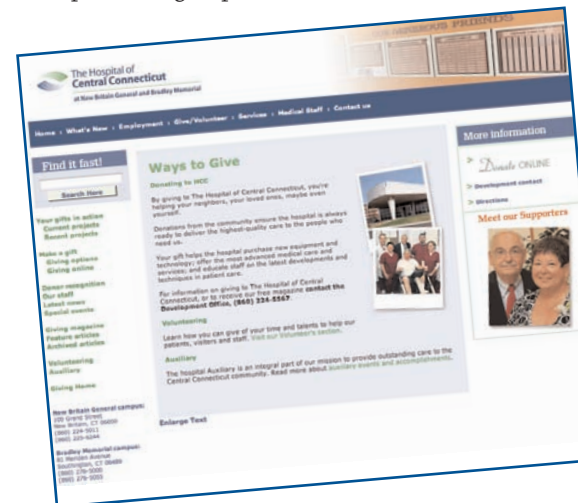
Downey Drive. As a finale, all contributors were invited to a Rock Cats game on July 23 to thank them for their support, and enjoy an evening of food, fun, and camaraderie. Tom Vaccarelli, director of Facilities Management, pictured at left, was given the honor of throwing out the guest pitch between the double header games. Tom did us proud, landing the ball right in the catcher's mitt.

The Annual Fund is the cornerstone of the hospital's fundraising efforts, providing continued growth and year-round, steadfast support. Donors are encouraged to support the Annual Fund to help provide the hospital with the resources to improve the healthcare experience for all patients who rely on The Hospital of Central Connecticut for their medical needs.

Every gift is appreciated and every dollar makes a difference. For additional information please contact Linda Tipping, Assistant Director of Development at (860) 224-5402 or visit our Web site at www.thocc.org/giving.

Giving on the HCC Web site

To make a gift on our Web site, please visit www.thocc.org/giving. The Web site is very user-friendly, and we accept Visa, Master Card and American Express. Your gift is tax deductible to the full extent allowed by law and your personal information is kept confidential. All contributors will receive a thank you letter in appreciation of their gift. The online gift option allows you designate your gift to a specific area or program of your choice. You may also make your gift in honor or in memory of a person or group.



Players of the 30th Annual Children's Charities Tennis Classic with Wendy Lux, executive director of development for the hospital; Don Lukowski, tournament director; Kathleen Scalise, manager of outpatient clinics for the hospital; and Timothy Stewart, mayor of New Britain. This year's tournament raised over \$5,800 for pediatrics programs at the hospital.

Hospital names executive director of Development

Wendy M. Lux recently joined The Hospital of Central Connecticut as executive director of Development. In this position she will oversee the fundraising activities for the hospital.



She is a familiar face to many at the hospital, having worked for the former New Britain General Hospital for over 15 years in various positions, including director of Development, from 1996 to 2002.

"I'm thrilled to rejoin the hospital family," Lux said. "I look forward to connecting with friends and supporters of the hospital to further advance our mission."

A certified fundraising executive, Lux has over 18 years of fundraising experience, with a focus on health care.

Before joining HCC in May, she worked at the University of Connecticut Foundation, where she most recently served as associate vice president for Development for the UConn

Health Center. In that role, Lux managed the overall development operation and provided oversight and strategic direction for the Health Center's fundraising and alumni relations efforts.

Prior to her UConn position, Lux was director of Development at the New Milford Hospital Foundation, where she led efforts to significantly increase philanthropic support through events, annual giving, major gifts, planned giving, and several special giving campaigns.

Lux is involved in numerous professional organizations, including the Association of Healthcare Philanthropy, and the Association of Fundraising Professionals (AFP), Connecticut Chapter, which presented her with its Outstanding Fundraising of Year award in 2007. She served as AFP Connecticut Chapter president from 2005-06.

In all of her development roles, Lux has worked closely with organizational leadership, board members, faculty, staff, donors and volunteer leadership.

"I am deeply impressed and inspired by the generous support the hospital receives from the community, its employees, physicians and volunteers," Lux said. "Philanthropy plays an important role in our future, and will help enable the hospital to provide the best possible care to our patients."

Central CT Senior Health Services adds Cognitive Fitness to health and wellness programming

Central Connecticut Senior Health Services recently received two generous grants from the Community Foundation of Greater New Britain and the Calvanese Family Foundation. The grants will be used to begin a cognitive fitness program for senior citizens at Jerome Home and Arbor Rose in New Britain, Mulberry Gardens of Southington and Southington Care Center, as well as for members of the general community who would like to participate in brain fitness.

“Our hope is that by providing a cognitive fitness program that is housed in the same facility as the Good Life Fitness programs, seniors will be encouraged to make the link between their physical and mental well-being,” says Patricia Walden, vice president of operations for Central Connecticut Senior Health Services. “Access to other assessments and prevention programs will channel people towards services they may need to improve vision, avoid falls, and maintain a healthy lifestyle. We are doing all we can to help seniors remain independent in their homes, and promoting ‘brain fitness’ is an important part of that work.”

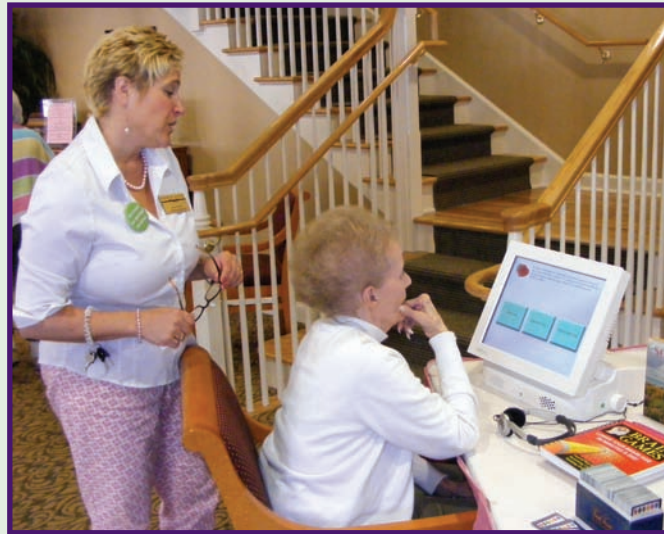
A portion of the grant is being distributed from the Johnstone Vance Memorial Fund and the Ev and Ethel Herre Memorial Fund, both funds of the Community Foundation. “The Johnstone Vance and Herre Funds at

the Community Foundation are both dedicated to helping our communities meet their most critical needs. We are thrilled to be able to assist Central Connecticut Senior Health Services in its ongoing effort to improve services for seniors in the New Britain and Southington communities,” says Community Foundation President Jim Williamson.

Central Connecticut Senior Health Services is a not-for-profit integrated health-care system. Its primary mission is to enhance the health and well-being of senior citizens in the communities it serves. Its skilled nursing long-term care and short-term rehabilitation communities include Jerome Home in New Britain and Southington Care Center. The Orchards at Southington and Mulberry Gardens of

Southington are its assisted living communities, the latter of which specializes in memory care. The newest addition to the Central Connecticut Senior Health Services family is Arbor Rose at Jerome Home, an independent and assisted living community with studio, one- and two-bedroom apartments as well as twelve apartments within a specialized memory care neighborhood.

Central Connecticut Senior Health Services is a not-for-profit member of Central Connecticut Health Alliance. For more information, call (860) 229-6018.



Lisa Crofton from Arbor Rose with resident Nancy Coughlin at Arbor Rose.

Our Tribute Gift Program is very important and we appreciate all gifts made in honor or in memory of loved ones. Tribute gifts can also be made in honor of an event or occasion, such as an anniversary or birthday, and all gifts directly support programs at our hospital. When you provide us with the names of appropriate contacts we will notify those individuals that a tribute gift has been given. The gift envelope in the center of this publication can be used to make a tribute gift. You can also make a Tribute Gift online at www.thocc.org/giving.

The following donors made tribute gifts to numerous funds and programs at The Hospital of Central Connecticut between March 1-June 30, 2009. If your name is inadvertently misspelled or omitted, please accept our apologies and notify us by calling our Development office at (860) 224-5567. Thank you.

In Memory of Blanche Abbatiello
To benefit the Cohen Goodlife Center
Mr. and Mrs. Elliot W. Cohen

In Memory of Eleanor Adajian
To benefit The Hospital of Central Connecticut
Ms. Mabel Yeterian
Mary H. Yeterian

In Memory of James J. Aglio, Sr.
To benefit the George Bray Cancer Center
Gery and Lisa Amodio

In Memory of Jean Ethel Albanese
To benefit the Emergency Department Fund at the Bradley Memorial Campus
Nivio, Margo and Mark Albanese

In Memory of Michael and Lisa Albino
To benefit The Hospital of Central Connecticut
Ms. Mary Albino

In Memory of Gino Annunziata
To benefit the Emergency Department Expansion and Renovation Fund and the George Bray Cancer Center
Mr. and Mrs. David R. Jacobson

In Memory of Patricia and Nick Arena
To benefit The Hospital of Central Connecticut
Millie Arena

In Memory of Joseph J. Armentano
To benefit The Hospital of Central Connecticut
Margie L. Armentano

In Memory of the Bialko and Szul Families
To benefit the Emergency Department Expansion and Renovation Fund
Ms. Eva L. Boisvert

In Memory of Dr. Harold F. and Natalie Bosco
To benefit The Hospital of Central Connecticut
Ms. Lori Budney

In Memory of Joseph J. Bosco
To benefit The Hospital of Central Connecticut
Mrs. Nancy F. Bosco

In Memory of Onorato Brandi
To benefit The Hospital of Central Connecticut
Ms. Lisa Moore

In Memory of James R. Branigan
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To benefit The Hospital of Central Connecticut
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To benefit the George Bray Cancer Center
Ms. Candace K. Hudspeth

In Memory of Constance A. Bruno
To benefit the George Bray Cancer Center
Mr. and Mrs. Andrew J. Cannarella
Friends in CCRM in The Hartford
Mr. and Mrs. Allan J. Masonis
Ms. Rita Miller
Victor, Mary and Ann Marie Wojsna
Margaret Yonan

In Memory of Marie Jane Bruton
To benefit The Hospital of Central Connecticut
Mr. and Mrs. Lawrence C. Schoppet

In Memory of Irene Bryant
To benefit The Hospital of Central Connecticut
Mr. Charles Bryant

In Memory of James and Josephine Cahill
To benefit The Hospital of Central Connecticut
Mr. Daniel Cahill

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To benefit the Center for Cardiovascular Medicine
Mr. Daniel Cahill

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Ms. Anne Marie Mangan
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To benefit the George Bray Cancer Center
Theresa Chase

In Honor of Anthony Ciardella, M.D. and Staff
To benefit the George Bray Cancer Center
Anne D. Luzi

In Memory of Dante D. Cistulli, II
To benefit the George Bray Cancer Center and the Center for Cardiovascular Medicine
Dorothy and Dante Cistulli

In Memory of Arthur Colston and Philip Colston
To benefit The Hospital of Central Connecticut
Mrs. Mary R. Colston

In Honor of Darce Costello
To benefit The Hospital of Central Connecticut
Miriam E. Costello

In Honor of James Cyru
To benefit the Joslin Diabetes Center
Mrs. Joan Cyru

In Memory of the D'Angelo and Messina Families
To benefit the George Bray Cancer Center
Mr. and Mrs. Edward D'Angelo

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To benefit the George Bray Cancer Center
Mr. John F. Danielewicz

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Mr. and Mrs. Laurence A. Tanner

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Dorothy Deccy

In Memory of Daniel J. DeLagrange
To benefit The Hospital of Central Connecticut
Ms. Marika M. DeLagrange

In Memory of Edward J. Delahunty
To benefit The Hospital of Central Connecticut
Mrs. Helene C. Delahunty

In Memory of Chester J. DiPietro
To benefit The Hospital of Central Connecticut
The DiPietro Family

In Memory of Donald M. DiTota
To benefit the George Bray Cancer Center
Mr. and Mrs. Donald Desjardins

TRIBUTE GIFT PROGRAM

In Memory of Mary R. Dobek

To benefit The Hospital of Central Connecticut
Mr. John P. Dobek

In Honor of All Doctors

To benefit the George Bray Cancer Center
Mrs. Olga Nowak

In Honor of Richard J. Dreiss, M.D.

To benefit the George Bray Cancer Center
Ms. Bunny Kowalczyk

In Memory of Monica Echanique

To benefit The Hospital of Central Connecticut and the George Bray Cancer Center
Thomas E. and Nancy J. Dennis
Mary H. Yeterian

In Memory of James and Anna Eder

To benefit the George Bray Cancer Center
Ms. Jody Kratsios

In Memory of Peter Egazarian

To benefit The Hospital of Central Connecticut
Ms. Eleanor Egazarian

In Memory of Jean Marie Ellison

To benefit the Katherine A. & Bruce A. Rudolph Hereditary Cancer Genetics Fund
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Everett and Myrtle Caswell
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Lisa Rinkin and Mitzi Troyan
Ms. Diane Wilcox

In Honor of Emergency Department Staff

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To benefit The Hospital of Central Connecticut
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In Memory of Harold E. Engblom

To benefit the George Bray Cancer Center
Mr. and Mrs. Walter Engblom

In Memory of Nicola Ettore

To benefit The Hospital of Central Connecticut
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To benefit The Hospital of Central Connecticut
Rena and Richard Farkas

In Honor of Dr. Greg Fauteux and Ambulatory Nurse Jackie

To benefit the George Bray Cancer Center
Raymond and Dorothy Gustavson

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In Memory of Elijah Fleischman

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To benefit the George Bray Cancer Center
Mrs. Margaret G. Fletcher

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To benefit The Hospital of Central Connecticut
Mrs. Faith Flugrad

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Mr. and Mrs. Patrick A. Hamel

In Memory of Frank Fraprie

To benefit The Hospital of Central Connecticut

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In Memory of Mary Goyette

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To benefit The Hospital of Central Connecticut
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In Memory of Onesime and Rose Hamel

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In Honor of The Hospital of Central Connecticut Special Care Nursery Staff

To benefit the Special Care Nursery Fund
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To benefit the Dr. James Hoffman GYN Oncology Fund and the George Bray Cancer Center
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Dr. Alan Wilkinson and Family, Mary Elizabeth Wilkinson and Jane Wilkinson

In Memory of Maureen Jepeal

To benefit The Hospital of Central Connecticut, the Emergency Department Expansion and Renovation Fund and the Dialysis Fund
Mr. Richard M. Jepeal

In Memory of Edward J. Joyce

To benefit The Hospital of Central Connecticut
Dolores N. Joyce

In Memory of Joseph Kardok

To benefit the George Bray Cancer Center
Lillian Kardok

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To benefit the George Bray Cancer Center
Mrs. Stanley Kokoski

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Mr. Paul P. LeBrun

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Norman and Jane Weisberg

In Memory of Stephen D. Leonard

To benefit the George Bray Cancer Center
Mrs. Phyllis Leonard

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Mr. and Mrs. Elmer W. Anderson

In Honor of Nicholas L. Lillo, M.D.

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In Memory of Donald Lockery

To benefit The Hospital of Central Connecticut
Antoinette Lockery

In Memory of Louise A. Loicano

To benefit the Joslin Diabetes Center
Mr. and Mrs. Joseph C. Angelo

In Memory of Rocco R. Lombardi

To benefit The Hospital of Central Connecticut
Donna and Ken Denault

In Memory of Elizabeth Longo

To benefit The Hospital of Central Connecticut, Bradley Memorial Campus
Mr. Daniel J. Longo

In Memory of Carlton L. Lumbard

To benefit the Center for Cardiovascular Medicine
Mrs. Barbara B. Lumbard

In Memory of John H. Lynch

To benefit the George Bray Cancer Center
Lorraine K. Lynch

In Memory of Alan MacDowell

To benefit the George Bray Cancer Center
Mr. and Mrs. Robert S. Yorski

In Memory of John F. Maier

To benefit The Hospital of Central Connecticut
Ms. Karen Maier

In Memory of Dorthea J. Maitz

To benefit the George Bray Cancer Center
Mr. Adolph F. Maitz

In Memory of Daniel Mancini

To benefit The Hospital of Central Connecticut
Mrs. Mary Mancini

In Honor of Marjorie Flynn Marcuson

To benefit the Emergency Department Expansion and Renovation Fund
Mrs. Ellen K. Betancourt
Ms. Mary F. Marra

In Memory of Roslyn Dabkowski Mauro

To benefit The Hospital of Central Connecticut
Ms. Shirley Dabkowski

In Honor of Gerald V. McAuliffe, M.D.

To benefit the Clinical Research Fund
Rita T. Cefaratti

In Memory of Marjorie R. McCullough

To enefit the Wolfson Palliative Care Program
Ms. Mary B. Dickes
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Mr. and Mrs. Robert H. Hunter
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Ms. Margery May
Mrs. Elizabeth A. Tedeschi
Ms. Mary L. Von Essen

In Memory of Patricia Welch McEnaney

To benefit The Hospital of Central Connecticut
Mr. Donald J. McEnaney

In Memory of Vincent Mercadante, Sr.

To benefit the George Bray Cancer Center
Mrs. Viola Mercadante

In Memory of Sandra Meretith

To benefit the George Bray Cancer Center
The Kucharski Family

In Memory of Alex J. Michalski

To benefit the Center for Cardiovascular Medicine
Ms. Hanna Michalski

In Memory of Hyman L. Moore

To benefit the George Bray Cancer Center
Mrs. Sylvia A. Moore

In Memory of Anita Moretti

To benefit the Center for Cardiovascular Medicine and the George Bray Cancer Center
Ms. Evelyn Swanson

In Memory of Joan Nardini

To benefit the Auxiliary Cancer Resource Center Library
McCue Mortgage Company

In Memory of Judith Nartowitz

To benefit the George Bray Cancer Center
The Blake Group

In Memory of Constance Navarro

To benefit The Hospital of Central Connecticut
Mr. and Mrs. Paul Conte

In Memory of Dante Brian Niedzwiecki

To benefit the Ferdinand Sauer, M.D. Family BirthPlace
Kevin and Gloria Harris

In Memory of Curtis Anthony Niemiec

To benefit the Ferdinand Sauer, M.D. Family BirthPlace
Pierre and Pamela Beaulieu
The Hospital of Central Connecticut Patient Accounts and Admitting

In Memory of Mr. and Mrs. Clifford C. Oat, Sr.

To benefit The Hospital of Central Connecticut
Mr. Duane B. Oat

In Memory of Margaret and Edward O'Keefe

To benefit The Hospital of Central Connecticut
Geri O'Keefe Curtis

In Memory of Nancy Ruth Roman

To benefit the Dialysis Fund
Mr. Jack Glendening

In Memory of Bruno Oskinis

To benefit The Hospital of Central Connecticut
Ms. Mary Ann Salerni

In Memory of Morel B. Pacyna

To benefit the Center for Cardiovascular Medicine
Berlin V.F.W. Ladies Auxiliary 10732

In Memory of Renata Piasci

To benefit the George Bray Cancer Center
Nancy and Cliff Heaton

In Memory of Logan Alexander Pignatella

To benefit the Ferdinand Sauer, M.D. Family BirthPlace
Pierre and Pamela Beaulieu

In Honor of Ralph Prezioso, Jr., M.D.

To benefit the George Bray Cancer Center
Nivio and Jean Albanese

In Memory of Michael Provencal

To benefit The Hospital of Central Connecticut
Ms. Ruthann Provencal

In Memory of Maria Pusko

To benefit The Hospital of Central Connecticut
Mr. George S. Pusko

In Memory of Ann Quinn

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Elizabeth R. Lindsey, R.N.

In Memory of Frederick W. Riggs

To benefit The Hospital of Central Connecticut
Auxiliary of the Hospital of Central Connecticut, New Britain General Campus

In Honor of Patricia Riley

To benefit the George Bray Cancer Center
Ms. Madeline F. Shaw

In Memory of Neilda Robles

To benefit the George Bray Cancer Center
Mr. Orlando Rosario

TRIBUTE GIFT PROGRAM

In Memory of William Rosi

To benefit The Hospital of Central Connecticut
Ms. Susan E. Rosi

In Memory of Cheryl Rossi

To benefit the George Bray Cancer Center
Ms. Laurie Jacobsen

In Memory of Amelia Ruggles

To benefit the Emergency Department Expansion and Renovation Fund
Ms. Andrea G. Hagaman

In Memory of June Rushlow

To benefit The Hospital of Central Connecticut
The Hospital of Central Connecticut Health Information Management

In Memory of John Samko

To benefit the George Bray Cancer Center
Ms. Bernadette Samko

In Honor of Milton J. Sands, M.D. and Staff

To benefit the Center for Cardiovascular Medicine
Ms. Catherine B. Gregerick
Mr. Peter Pestillo

In Memory of Marsha Sasso

To benefit The Hospital of Central Connecticut
Edward Sasso

In Memory of Joseph Sastre

To benefit the George Bray Cancer Center
Mrs. Rosalie Sastre

In Memory of Ferdinand Sauer, M.D.

To benefit The Hospital of Central Connecticut, the Emergency Department Expansion and Renovation Fund and the Ferdinand Sauer, M.D. Family BirthPlace
Mrs. Ellen K. Betancourt
Mr. Jonathan and Dr. Melinda Hansen
Jill and Gregg Lombardi
Mrs. Lori C. Ragalis

In Memory of Marian K. Schade, R.N.

To benefit the Emergency Department Expansion and Renovation Fund
Mr. Jeffrey Schade

In Memory of Joseph Schribert

To benefit the George Bray Cancer Center
Christine J. Schribert

In Memory of Rita Sheridan

To benefit the Center for Cardiovascular Medicine
Ms. Eugenie A. Bernier
Middlewoods of Farmington

In Memory of George and Shirley Shimansky

To benefit The Hospital of Central Connecticut
Ms. Sharon Kraft

In Honor of Donna and Joseph T. Sibley

To benefit The Hospital of Central Connecticut
Ms. Beth Fraychak

In Honor of Dr. Earle Sittabalam

To benefit the George Bray Cancer Center
Karen A. Pagliaro and Eric A. Cope

In Memory of David S. Smyth

To benefit the George Bray Cancer Center
Mrs. Barbara P. Smyth

In Memory of Helen and Lindy Soldato

To benefit the George Bray Cancer Center
Linda and Mark Holloway

In Honor of the Staff of the Cardiac Rehabilitation Program at the New Britain General Campus

To benefit the Center for Cardiovascular Medicine
Mr. and Mrs. Marvin L. Weiss

In Honor of Staff of The Hospital of Central Connecticut

To benefit the George Bray Cancer Center
Ms. Sophie B. Gianninoto
Ilaxi Parekh
Mrs. Margaret R. Turcotte

In Honor of Dr. Jeff Steckler

To benefit the George Bray Cancer Center
Mr. Neil D. Robinson

In Memory of Clifford A. Sturgeon

To benefit The Hospital of Central Connecticut
Mr. Terry L. Sturgeon

In Memory of Lois and Sue

To benefit the George Bray Cancer Center
Miriam E. Costello

In Memory of Earl H. Swanson

To benefit the Center for Cardiovascular Medicine and the George Bray Cancer Center
Ms. Evelyn Swanson

In Memory of Ann Talotta

To benefit the George Bray Cancer Center and the Oncology Fund

Ms. Lucille B. Bannon
Mr. and Mrs. Edward Blanchette
Ms. Jean Bollino
Ms. Beverly B. Burton
Mr. Gerardo Ciampi
Rose Mary DellDonna
Mr. and Mrs. Phillip E. Gosselin
Mr. and Mrs. David A. Kall
Mr. Jay Liepis
Betty Jean and Don Magnuson
Marco and Wanda Savona
Mr. and Mrs. Steven J. Slomski
Mr. Charles R. Weldon
Mr. and Mrs. John W. Wollman

In Honor of Laurence A. Tanner

To benefit the George Bray Cancer Center
Mr. William A. Tomasso

In Memory of Paul and Margaret Theiner

To benefit the George Bray Cancer Center
Waldemar and Judith Kostrzewa

In Memory of Joseph Rosaire Therriault

To benefit the Emergency Department Expansion and Renovation Fund
Ms. Michelle L. Yepes

In Memory of Barbara Unghire

To benefit The Hospital of Central Connecticut
Ms. Deborah U. Callanan

In Memory of Kenneth F. Valentine

To benefit the George Bray Cancer Center
Mrs. Rita D. Valentine

In Memory of Philip Veley

To benefit The Hospital of Central Connecticut
Mrs. Esther Veley

In Memory of Mary Vitelli

To benefit the George Bray Cancer Center
The Hospital of Central Connecticut Laboratory

In Memory of Walter J. Waleszczyk

To benefit The Hospital of Central Connecticut
Mrs. Walter J. Waleszczyk

In Memory of Stasia Janik Waznia

To benefit the George Bray Cancer Center
Mr. Sylvester H. Waznia

In Memory of Evelyn M. Weber

To benefit the George Bray Cancer Center
Mrs. Bette Buzanoski

In Memory of Richard Allen Weber

To benefit the Emergency Department Expansion and Renovation Fund and The Hospital of Central Connecticut

Ms. Barbara J. Alex
Alpenland Taenzer, Inc.
Barbara and Ray Andrews
Mr. and Mrs. Joseph C. Bauer, Jr.
Kenneth and Patricia Beckius
Rick and Maryann Beckius
Ms. Shirley S. Bernacki
Lorraine A. Carlson
Mr. and Mrs. Robert T. Chamis
Jack and Mary Ann Cullum
Rose Mary DellDonna
Eighth Ward Political Club Inc.
Mrs. and Mr. Richard Ferland
Mr. and Mrs. Victor F. Fumiatti
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Mr. James Gleba
Dr. and Mrs. Steven D. Hanks
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Stuart and Florence Schwartz
Mrs. Helen Stefaniak
Mr. and Mrs. Laurence A. Tanner
Veterans of Foreign Wars Inc.
Patricia A. Weber and Family

In Memory of Jane Wilkinson

To benefit the Auxiliary Cancer Resource Center Library and the Wolfson Palliative Care Program

Ms. Gail Eisenhauer
Julie S. Flagg, M.D.
Ms. Joy R. Gillen
Lucy & Tony Hernandez, Salvatore DiLorenzo and Brian & Frances Duran
Mr. and Mrs. Salvatore Magnano
Ms. Cynthia Manchak
Karen A. Pagliaro and Eric A. Cope
Mr. and Mrs. R. Keith Rogers
Mr. Andrea Santerre
Sandra Therrien, Patricia Mele, Helen Bozak and Jean Donahue

In Memory of Margaret Yonan

To benefit the Joslin Diabetes Center
Rita T. Cefaratti

In Memory of Mary Beth Zack

To benefit the George Bray Cancer Center
Ms. Jane Mach

In Honor of Anton Zavez

To benefit the George Bray Cancer Center
Lillian Kardok

In Memory of Lorraine T. Zeldon

To benefit the George Bray Cancer Center
Mrs. Elizabeth M. Harwood

AUXILIARY IN ACTION

Dear friends,

Months of planning for our annual golf tournament culminating with the threat of lightning, thunderstorms, and heavy rain on tournament day is definitely not a golfer's day of fun. Despite the weather, the skies finally held off to allow 122 golfers to take part in the 19th Annual Auxiliary Golf Tournament of the New Britain General campus of HCC. The constant drizzle, cold air, and frequent breeze did not deter the upbeat mood of the golfers and volunteers. The committee's positive spirit prevailed throughout and their good sense of humor and smiling faces contributed to the success of the tournament. Golfers were treated to music by U Conn's Jazz Band, a warm and inviting covered tent, and culinary delights and beverages at the end of their golf rounds. Because of the support of our sponsors, doctors, and golfers, we were able to meet our financial goal to support the purchase of a maternal fetal medicine ultrasound machine for the hospital. We are proud of these associations and thankful for their continued commitment and support.

I am proud of the work the Auxiliary has accomplished this past year and thank the board for its unselfish service to the hospital and



our community. The Chrysanthemum Ball Committee continues to be hard at work to prepare for the largest ball in our history. We hope that you will share this excitement with us on November 7 as we honor Laurence A. Tanner, President and CEO of our hospital and of the Central Connecticut Health Alliance. Proceeds from this year's ball will support a Comprehensive Breast Program for The Hospital of Central Connecticut. For ticket information or to support the ball please contact the Auxiliary office at (860) 224-5502 or email nbauxiliary@thocc.org.

Teri Polaske

Teri Polaske
President of Auxiliary, New Britain General campus

Raising green on the green



Cardiologist Robert Malkin, M.D., was among the more than 100 golfers who participated in the New Britain General campus Auxiliary's 19th Annual Golf Tournament June 9 at the Tunxis Plantation Country Club in Farmington. The tournament raised \$70,657 toward the purchase of a maternal fetal ultrasound machine used to perform exams on women with high-risk pregnancies. Thanks to the golfers, sponsors and volunteers who supported the event!

Save the Date

The Hospital of Central Connecticut and The Auxiliary at New Britain General present the

2009 Chrysanthemum Ball
Saturday, November 7, 2009

Aqua Turf Club • Southington, Connecticut
6:00 – 11:30 p.m.
Featuring the music of Prelude

Honoring Laurence A. Tanner for his tenure as President and CEO of The Hospital of Central Connecticut and the Central Connecticut Health Alliance

Big swings for Bradley

Golfers at The Hospital of Central Connecticut's 19th annual Bradley Memorial Golf Tournament included, l to r: Southington residents Melita Sokolowski, Betty Alfonsi, Jean Nichols and Joyce Petrolito. Below: Renee Hipona, M.D., associate chief of Emergency Medicine, Bradley Memorial campus, was among more than 100 golfers and enthusiastic volunteers at the 19th Annual Bradley Memorial Golf Tournament May 27 at Hawk's Landing Country Club. The tournament raised \$23,670 for programs and services at the Bradley campus. Thanks to the golfers, sponsors and volunteers who made the event such a huge success!!



Dear friends,

Now that summer is behind us, the Bradley Memorial campus Auxiliary is getting ready for the beginning of a new year. On Sept. 30 our Fashion Show, "A World of Fashion," will be held at the Aqua Turf Club in Southington.

At our May meeting at the Orchards our three scholarship winners were announced, pictured below. This year's recipients are (from l to r) Elizabeth Nichols, Melissa Hastie, Tyler Morrell with Auxiliary member Alice McGann. Congratulations and best of luck!

Jean Kirychuk

Jean Kirychuk
President of Auxiliary, Bradley Memorial Campus



Gift Shop Committee

Audrey Zack, Chairperson
Patti Forsman, Manager
Maura Davies
Lucy Leach

Jean Nichols
Nancy Gworek
Jean Kirychuk

Bradley Memorial Campus Auxiliary Gift Shop

Expires 12/31/09 • Excludes candy, flowers, magazines, stamps and movie tickets

15% OFF

Hospital, Cancer Society collaborate

The hospital and American Cancer Society are collaborating to provide information, support programs, education and advocacy efforts throughout the community. An ACS representative is at the hospital's New Britain General campus Tuesdays and Thursdays. The hospital's cancer resource specialist staffs the Auxiliary Cancer Resource Library Mondays, Wednesdays and Fridays.



Signing a collaboration agreement May 4 are, front row, Peter Byeff, M.D., medical director of the hospital's George Bray Cancer Center, left; and Sarah Shafir, vice president of health initiatives for the American Cancer Society's New England Division. Looking on are, back row, l to r: Steven Hanks, M.D., the hospital's senior vice president of medical affairs; Lisa Uguccioni, community executive of health initiatives, ACS; Connie Malave Branyan, director of health initiatives, ACS; and Denise Peterson, R.N., M.S., the hospital's director of oncology services.

Hospital has new breast imaging technology

The hospital now offers breast-specific gamma imaging (BSGI) at the Women's Center of Southington, at its Bradley Memorial campus. BSGI can distinguish non-cancerous or benign tissue from cancer and locate lesions as small as two to three millimeters. For information, visit the mammography page on www.thocc.org.

Minimally invasive surgery recreates esophagus

The hospital now offers esophageal cancer patients minimally invasive surgery to remove and reconstruct the esophagus. The minimally

invasive esophagogastrectomy (MIE), which uses several tiny incisions vs. two longer ones, removes a cancerous esophagus and repositions the stomach to form a new esophagus. It's performed by HCC surgical oncologist James Flaherty, M.D., FACS.

Compared to traditional surgery, inpatient hospital stay with the MIE approach is seven to 10 days vs. 10 to 14 days, and recovery two to four weeks vs. up to two to four months.

Hospital campus to be smoke-free by Nov. 1

As part of a statewide Connecticut Hospital Association (CHA) initiative, The Hospital of Central Connecticut will go smoke-free campus-wide by Nov. 1. Need help quitting? The hospital offers the Quitting Timesm smoking cessation program. Call (860) 224-5433 for information.

Cancer Survivors Day event draws more than 900

More than 900 cancer survivors and their guests attended the 17th annual National Cancer Survivors Day event June 7, sponsored by the hospital's George Bray Cancer Center.

Thank you to those who donated wonderful raffle prizes: Barker Specialty, W.B. Mason, Will Rhys of Goodspeed Opera House, Jessica's Color Room salon, Showcase Cinemas, Mohegan Sun, Tangerine Spa, Beads by Heart, Moments Away Spa of Southington, Department of Children and Family Services and United Technologies Corp.

HCC staff, departments and physicians who donated prizes were: Development Office, Donna Boehm, Grove Hill Oncology Group (Drs. Fallon, Isckarus, & staff), Cancer Center of Central Connecticut (Drs. Byeff, Smith, Byrne, Delmonte, & staff), E-1 infusion area staff and Dr. William Pogue, C-5 inpatient oncology unit, Ambulatory Surgery, Main OR, Social Work, Food and Nutrition dietitians, Family BirthPlace, Physical Therapy, Drs. Hoffman, Zhou and staff, Wolfson Palliative Care program, Finance, Radiation Therapy, W-1 inpatient psychiatry and Auxiliary Cancer Resource Library.

Hospital honors volunteers

Hundreds of HCC volunteers were honored in April for National Healthcare Volunteer Week. Over the past year, 415 volunteers from the combined

campuses of New Britain General and Bradley Memorial donated 52,577 hours of service.

Individuals receiving special honors included **Yvonne Veronneau, Betty Porter** and **Mary Messier** at the Bradley Memorial campus, and **Mireille Niedzwiecki** at the New Britain General campus

Hospital Association honors HCC president

The American Hospital Association (AHA), in partnership with the Connecticut Hospital Association, awarded Hospital of Central Connecticut President and CEO Laurence A. Tanner the Partnership for Action Grassroots Champion Award.

The award recognizes one hospital leader in each state who most effectively educates elected officials on how major issues affect his or her hospital's vital role in the community; who has done an exemplary job in broadening the base of community support for the hospital; and is a tireless advocate for his hospital and its patients.

In addition to serving as HCC president and CEO, Tanner is president and CEO of the Central Connecticut Health Alliance, an integrated health system of acute care, long-term care, home health care, and behavioral health services. He holds positions in many Alliance affiliates, and is involved in numerous local, state and national organizations.



Hospital of Central Connecticut President and CEO Laurence A. Tanner, center, accepts the American Hospital Association Grassroots Champion Award from John F. Barry, regional executive for the AHA's Region One office. Tanner's wife, Janis, left, attended the May 7 award presentation, along with hospital board members, administrators and staff.



Jennifer Tabak, R.N., of Bristol, left, accepted The Hospital of Central Connecticut's Viola Larson Award for nursing from Linda Frigon, the hospital's acting vice president of Patient Care Services. The award, the hospital's highest nursing honor, was presented at a special ceremony May 6 at the New Britain General campus.

Hospital employees honored

This spring, a number of Hospital of Central Connecticut (HCC) employees were honored for their work.

Patricia A. O'Connell, M.S., R.D., C.D.E., C.D.-N., a registered dietitian and certified diabetes educator at the Joslin Diabetes Center Affiliate at The Hospital of Central Connecticut, received the American Diabetes Association's Diabetes Hero Award.

Thirteen HCC nurses received **Nightingale Awards for Excellence in Nursing**: Emilee Binette, R.N., Emergency Department; Rachel Caron-Sekoll, R.N., Medical Oncology; Frances Cerasuolo, L.P.N., Crisis Counseling; Catherine Denuzzio, R.N., Critical Care; Paula Evelich, R.N., Total Joint & Spine Center; Michele Fraczek, L.P.N., Hemodialysis; Beth Fraychak, R.N., Endoscopy; Annette Gorneault, R.N., Family BirthPlace; Elizabeth Monahan, L.P.N., Care Coordination; Alyssa Montauti, R.N., Medical Telemetry; Paula O'Neil, R.N., Bariatrics; Tara Sahn, R.N., Emergency Department; and Lucy Spadjinske, R.N., Ambulatory Surgery Unit.

Jennifer Tabak, R.N., a nurse in the New Britain General campus Emergency Department, received the hospital's highest nursing honor, the Viola Larson Memorial Award. Other nominees were New Britain General campus RNs: Barbara Amato, Catherine Denuzzio, Roxanne Aldi and Terry Simmons, Critical Care; Elizabeth Lindsey, Inpatient Psychiatry; Bethany Carr,

Oncology; Suzette Muskatello, Total Joint & Spine Center; Danielle Shweky, Labor & Delivery; and Toni Smachetti, Hemodialysis.

At HCC's May 13 employee recognition dinner, 272 employees were honored for their years of service. Three received special awards: **Mike Meehan**, a carpenter with the Maintenance Department – **2009 President's Award for Excellence in Customer Service**; **Lauren Cragin, R.N.**, N2, New Britain General campus – **Outstanding Nurse Preceptor Award**; and **Ashley Castellani**, practice manager in the New Britain General campus Emergency Department – **Medical Staff Recognition Award**.



Hospital President and CEO Laurence A. Tanner presents the President's Award for Excellence in Customer Service to Mike Meehan, a carpenter with the hospital's Maintenance department.

Hospital offers procedure that freezes kidney tumors

Patients with small kidney tumors are benefitting from an outpatient procedure at the hospital that destroys cancer cells by freezing them. Compared to surgery, cryoablation offers quicker recovery, less pain and decreased risk of complications.

HCC interventional radiologist Robert Gendler, M.D., says cryoablation technology has evolved to treat kidney tumors up to 3 centimeters. The minimally invasive procedure is especially well suited for older or frailer patients since surgery would pose increased risk. Larger tumors still require traditional surgery.

"Cryoablation has grown to the point that it is quickly becoming the procedure of choice for treating renal cell cancers, the most common type of kidney cancer," says Gendler, one of several HCC interventional radiologists who uses cryoablation. "One of the great advantages of this technology is its ability for very precise destruction of cancerous tissue that spares normal tissues."

During the procedure, which uses CT imaging for visualization, a probe is inserted into the tumor. The probe is cooled to 75 degrees below Celsius, killing cancerous cells while not affecting surrounding tissues.

Patients are sedated for the procedure, which is often less than one hour. Most patients go home the same day and can start to resume normal activities within a few days, Gendler says. HCC patients receive follow-up CT scans one, three and six months after treatment to check for any residual tumor that may require additional treatment.

Oops... Our mistake.

We would like to apologize for the following error in the last issue of Development Matters.

In Memory of Hayley, Michaela and Jennifer Hawke Petit

To benefit the Pediatric Department Fund
William A. Petit Jr., M.D.

NEW BRITAIN GENERAL CAMPUS

Lectures

October 6

George Bray Cancer Center 8th Annual Healing and the Arts Program, 5:30 p.m., cafeteria, free, 224-5299

October 8

Lunch & Learn, Center for Healthy Aging, Fall Prevention and Lifeline, Rob Field of Lifeline, at Arbor rose, 975 Corbin Avenue, New Britain, noon, reg. req'd, 224-5278

October 20

Spanish Health Wisdom Lecture, Emotional effects of the recession, *Lecture in Spanish*, 6:15 p.m., reg. req'd, call 888-224-4440, opt. 1

October 21

Health Wisdom Lecture Series, Feeling the pressure?, 6:15 p.m., reg. req'd, call 888-224-4440, opt. 1

October 22

Chef Dave Fouts, The world's first bariatric chef, Holiday foods: who's getting stuffed?, 6 p.m., cafeteria, 866-668-5070

November 12

Lunch & Learn, Center for Healthy Aging, DME and Assistive Devices, Noon, reg. req'd, 224-5278

November 18

Health Wisdom Lecture Series, Healthy holiday eating, 6:15 p.m., reg. req'd, call 888-224-4440, opt. 1

December 10

Lunch & Learn, Center for Healthy Aging, 12 noon, reg. req'd, 224-5278

Support/Therapy Groups

October 6, 13, 20, 27; November 3, 10, 17, 24; December 1, 8, 15, 22, 29

Living with Chronic Medical Illness, Tuesdays, 1 p.m., Counseling Center, 50 Griswold St., insurance req'd, 224-5804

Anger Management Support Group, Tuesdays, 4 p.m., Counseling Center, 50 Griswold St., insurance req'd, 224-5804

October 7, 14, 21, 28; November 4, 11, 18, 25; December 2, 9, 16, 23, 30

Moms Milk Group, Wednesdays, 10-11 a.m., Family BirthPlace Lounge, 224-5226

Depression Therapy Group, Wednesdays, 4 p.m., Counseling Center, 50 Griswold St., insurance req'd, 224-5804

Eating Disorder Therapy Group, Wednesdays, 4 p.m., Counseling Center, 50 Griswold St., insurance req'd, 224-5804

October 7; November 4; December 2

Breast Cancer Support Group, 5:30-7 p.m., Dining Room B, light refreshments provided, reg. req'd, 224-5900 x6307

October 1; November 5; December 3

Bariatric Support Group, 6:30-8 p.m., 224-5453

October 14; November 11; December 9

Diabetes Support Group, 5:30-7 p.m., Joslin Diabetes Center Classroom, 1-888-456-7546

October 13, 27; November 10, 24; December 8, 22

Bereavement Support Group, meets 2nd and 4th Tuesday of the month, 5:30-7 p.m., 224-5011x6573

October 5, 12, 19, 26; November 2

Quitting Time: Smoking Cessation class; Mondays, 5:30-6:45 p.m., reg. req'd, 224-5433

October 21; November 18

Living with Cancer Support Group, 5:30-7 p.m., Lecture Room 1, reg. req'd, 224-5299

December 16

Living with Cancer Support Group Holiday Party, 5:30-7 p.m., Lecture Room 1, reg. req'd, 224-5299

October 19; November 16; December 14

Diabetes Support Group, 10-11:30 a.m., Joslin Diabetes Center Classroom, 1-888-456-7546

October 5; November 16; December 21

American Cancer Society's "Look Good, Feel Better" program, for women undergoing cancer treatment, 2-4 p.m., Lecture Room 2, reg. req'd, space limited 224-5299, free parking

Wellness Programs & Classes

October 7, 8, 14, 15, 21, 22, 28, 29; November 4, 5, 11, 12, 18, 19, 25; December 2, 3, 9, 10, 16, 17, 23, 24
Yoga/Tai Chi, Wednesdays and Thursdays, 224-5433

October 15; November 19

Drs. Barba and Giles, Bariatric Surgery Info Sessions, 6 p.m., Farmington Marriott, 866-668-5070

October 22

Dr. Lane, Weigh Your Options Info Sessions, 6:15 p.m., 866-668-5070

October 7; December 2

Family and Friends CPR for all ages, 6-10 p.m., 224-5433

October 13; December 8

Dr. Barba, Spanish Bariatric Surgery Information Session, 6 p.m., cafeteria, 866-668-5070

Health Screenings

October 6; December 8
Cholesterol, Blood Pressure, Glucose screening, 11 a.m.-1 p.m., Lobby, \$15 fee, 224-5433

October 5, 12, 19, 26; November 2, 9, 16, 23, 30; December 7, 14, 21, 28

Vascular Screenings, Mondays, 11:30 a.m.-4:30 p.m., by app't only, \$50 fee, 224-5193

October 22; November 12

Cholesterol, Blood Pressure, Glucose screening, 4-6 p.m., Lobby, \$15 fee, 224-5433

November 2; December 29

American Red Cross Blood Drive, 8 a.m.-6 p.m., Lecture Rooms 2, 800-GIVE-LIFE, Sponsor Code 1155a

Childbirth Education

October 5, 7, 12, 14, 19; November 2, 4, 9, 11, 16, 18, 23, 25; December 2, 7, 9

Lamaze Classes, Mondays and Wednesdays, 7-9:30 p.m., 224-5433

October 17; November 21; December 19

Sibling Class, Noon-1p.m., 224-5433

October 18; November 22; December 20

Family BirthPlace Tour, 1:30-2:30 p.m., 224-5433

October 15; December 2

Breastfeeding Class, 7-9 p.m., 224-5433

BRADLEY MEMORIAL CAMPUS

October 22; November 11

Healthcare Provider CPR, 6-10 p.m., 276-5088

October 8

Dr. Giles, Bariatric Surgery Information Sessions, 6 p.m., Conference Room A, 224-5433

October 10

Pediatric First Aid for Daycare Providers, 8:30 a.m.-4:30 p.m., 276-5088

October 14; December 16

Heartsaver First Aid with CPR, 6-10 p.m., 276-5088

October 15

Lunch and Learn: CT Center for Healthy Aging, My Aching Back, Todd Zendian, Noon-2 p.m., reg. req'd, space limited, 276-5293

November 11; December 2

Healthcare Provider Recertification CPR, 12-3 p.m., 276-5088

November 19

Lunch and Learn: Center for Healthy Aging, Falls and Balance, Noon-2 p.m., reg. req'd, space limited, 276-5293

Development Matters

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publication.

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